

Health & Fitness Expo

sponsored by



Saturday September 18, 2010

11am - 3pm

Find out how to improve your quality of life through natural and proven techniques.

- 8:00 am Group X class FREE & open to the public
- Chair massages
- Screenings
- Contests with prizes and raffle
- Trainers available for Q&A
- Tips for Living Healthy; Inside and Out
- And, much more!

You have one body; keep it tuned the best way you can!

813.949.4120

23600 State Road 54 Lutz Fl 33559

www.jakefitnessinc.com info@jakefitnessinc.com

